



Dayton Dietetic Association



TUESDAY, SEPTEMBER 11, 2018

THE INSIDE TRACT: CURRENT GI NUTRITION

The Dayton Dietetic Association's Council on Professional Issues

A HAPPY GUT: FODMAPS IN RESEARCH AND PRACTICE

Amy Keller, MS, RD, LD

Amy has been a registered dietitian for 17 years and is currently the chief clinical dietitian at Mary Rutan Hospital in Bellefontaine. She has a special interest in Celiac disease, IBS/FODMAPS, weight bias, wellness, and non-diet weight management. She is the past chair of the Dietitians in Gluten Intolerance Disorders practice group and is the current chair-elect of the Medical Nutrition Practice Group for the Academy of Nutrition and Dietetics. She is a frequent contributor to **Gluten-Free Living** magazine and serves on the magazine's dietetic advisory board. She recently published an article on the gluten-free diet for *Diabetes Spectrum* and is the co-author of two articles in the *European Journal of Clinical Nutrition* on Allergen Advisory Statements. She will be presenting on enforcement of the gluten-free labeling rule at FNCE 2018. Amy holds a bachelor's degree in nutrition from West Virginia Wesleyan College and a master's degree from Ball State University. She has also completed additional training in Celiac disease at the University of Chicago. She resides in Marysville with her husband, son, and two crazy dogs. She enjoys running, yoga, and jigsaw puzzles.

CURRENT NUTRITION MANAGEMENT FOR PATIENTS WITH INFLAMMATORY BOWEL DISEASE

Sandra I. Austhof, MS, RD, LD, CNSC

Sandy Austhof is an Advanced Practice dietitian for the Center for Human Nutrition in the Digestive Diseases & Surgical Institute at the Cleveland Clinic in Cleveland, OH, where she has worked for over 37 years. Sandy is certified as a Nutrition Support Clinician and is currently practicing in Intestinal Rehabilitation and Transplantation where she manages patients with intestinal failure due to Crohn's Disease, ischemic bowel and radiation enteritis. She assists the physician in reviewing lab data, vitamin/trace element levels, recommending the appropriate medications and diet to help wean patients off parenteral nutrition. She is an active member of the Ohio Society for Parenteral and Enteral Nutrition where she served as President and Dietitian-at-Large. She was also active for the Academy's dietetic practice group, Dietitians in Nutrition Support. She has published in peer-reviewed and non-peer reviewed journals and has written several book chapters in nutrition support.

**Location:
Kettering Medical
Center in the Dean
Amphitheater**

**5:00pm
Registration**

**5:00-5:45pm
Sponsors/Vendors**

**5:15-6:00pm
Dinner**

**5:45-6:45pm
Speaker 1**

**6:45-7:00pm
Dessert**

**7:00-8:00pm
Speaker 2**

Seating is limited. To reserve your seat for this hot-topic event, RSVP using email below BY Friday, September 7, 2018 (Registration will be available the night of the event as seating permits).

**Contact: Jennifer Pate,
CPI Chairperson
Jennifer.hessling@gmail.com**

Join DDA by Sept 11, 2018 and only pay DDA Dues of \$30, the conference is our gift to YOU! (Must be AND member to qualify)

Other Participants Fee

Non DDA Professional \$20
(RD, DTR, RN, MD, etc.)

Non DDA Student \$10

*Fee covers Dinner & 2 CEU RDN/NDTR and 2 CEU RN (pending)