



## President - Elect

### Mary-Jon Ludy, PhD, RDN, FAND

#### Present employment

- Associate Professor of Food and Nutrition, Bowling Green State University

#### District Activities - Northwest Ohio Dietetic Association

- Presenter, Social Media for Nutrition Professionals

#### State Activities - Ohio Academy of Nutrition and Dietetics

- Member, Dietetics Advisory Council, State Medical Board of Ohio
- Chair/Chair-Elect, Council on Professional Issues
- Area Representative for Clinical and Education, OAND Annual Conference Planning Committee
- Member, OAND Strategic Planning Committee
- Discussion Leader, OAND Legislation and Public Policy Day for Dietetic Interns and Students in Dietetic Programs
- Presenter, Ohio Nutrition and Dietetic Educators and Preceptors Annual Conference

#### National Activities/Academy of Nutrition and Dietetics

- Nominating Committee Member/Chair, Research Dietetic Practice Group
- Policy and Advocacy Leader, Research Dietetic Practice Group
- Section Editor for the *Journal of the Academy of Nutrition and Dietetics'* Topics of Interest in Dietetics Education Series, Nutrition and Dietetic Educators and Preceptors
- Author and Reviewer, *Journal of the Academy of Nutrition and Dietetics*
- Presenter, FNCE and Sports, Cardiovascular, and Wellness Nutrition Symposium

#### Other activities/awards/professional involvement

- Author, 19 peer-reviewed journal articles and 1 book chapter (e.g., *American Journal of Clinical Nutrition, Appetite, Physiology & Behavior*)
- Food Photographer, McGraw-Hill Education
- Interviewee, diverse media outlets (e.g., *Everyday Food, Real Simple, Shape*; BBC, CNN, NPR; *The New York Times*)
- Presenter, 23 professional conferences (e.g., American College of Sports Medicine, Society for Nutrition Education and Behavior, Society for the Study of Ingestive Behavior)
- Recipient, Research Dietetic Practice Group Member of the Year Award
- Recipient, Bowling Green State University Undergraduate Faculty Mentor of the Year
- Recipient, McCormick Science Institute Research Award
- Reviewer, 29 academic journals (e.g., *British Journal of Nutrition, European Journal of Nutrition, Food Quality and Preference*)
- Trainee, Dannon Nutrition Leadership Institute

#### Education

- Purdue University, PhD in Nutrition (Concentration in Ingestive Behavior)
- Tufts University, MS in Clinical Nutrition
- Frances Stern Nutrition Center, Dietetic Internship
- Bowling Green State University, BS in Dietetics

**Why should OAND members vote for you. Not only include your past but also include what you can bring to the position.**

Together we move OAND forward. I bring diverse connections as a professor, practitioner, preceptor, public policy advocate, and published researcher who serves our profession domestically and globally.

I am *greatly* enjoying my role as Council on Professional Issues Chair and eager to continue my involvement with OAND when this term ends. Through participation in conferences, committees, and workshops, my OAND colleagues have become a tremendous network of collaborators, mentors, and friends.

As OAND President, I want all of our members to experience this deep sense of connectivity! Technological innovations, personalized approaches, mentorship opportunities, and student-centered activities all have potential for increasing our reach, engagement, and perceived value. Please join me in helping to shape OAND's second century!

**Something personal about yourself that you would like to share.**

I'm a fifth generation Ohioan and travel enthusiast.

My roots are in Brown County where I grew-up heavily engaged in 4-H. Ten years of food projects whet my appetite for nutrition, public speaking opportunities grew my communication skills, and leadership roles provided the chance to discover the world outside my hometown.

This background inspired me to declare a nutrition major and explore the globe while doing so. As an undergraduate student, I studied abroad at Keele University in England. As a graduate student and dietetic intern, I conducted research with HIV and body composition in Thailand and interned with a Vitamin A program in Nepal. After finishing my masters, I spent a summer working with a community development program in Costa Rica. I returned to Boston and worked as an outpatient dietitian for 3 years before undertaking a PhD in clinical nutrition at Purdue University.

Life has come full-circle. My family now resides in Bowling Green, where I've been fortunate to return to my alma mater as a nutrition professor. Our family foursome all share the travel bug. We visited Mexico last summer and look forward to retracing my husband's Italian roots in the not-so-distant future.

# Treasurer

## Vera Bartasavich, MEd, NDTR, CHES

### Present employment

- Health Education 4U, LLC. I am a solopreneur presenting wellness education to the community and corporate organizations.

### District Activities – Greater Cleveland Academy of Nutrition and Dietetics

- Past President, Technical Practices, Branding Committee, Nominating Committee, Academy 100<sup>th</sup> Anniversary GCAND Special Reception Committee

### State Activities – Ohio Academy of Nutrition and Dietetics

- Current OAND Treasurer, district board member, conference committee, strategic planning committee

### National Activities/Academy of Nutrition and Dietetics

- AND House of Delegates

### Other activities/awards/professional involvement

- Outstanding Advisory Committee Member of Cuyahoga Community College (I have enjoyed serving on this board since 2007); GCAND Distinguished Service Award, Ohio Dietetic Technician of the Year, Speaker at OAND Conference

### Education

- Framingham State University, Master of Education in Nutrition (capstone project: elderly consumption of vegetables and fruit); Kent State University, Master of Education in Health Education and Promotion (capstone project: calcium awareness among undergraduate females); Hiram College Bachelor of Business Administration/Accounting; Cuyahoga Community College Associate of Applied Science Dietetic Technology.

### Why should OAND members vote for you. Not only include your past but also include what you can bring to the position.

I was elected to the OAND Treasurer's position in 2017 and have worked closely with the OAND President(s) and Executive Director during monthly discussions to provide insight and ensure the present and future of the OAND organization's financial health is secure. As a team, we have reached out to other professionals including bankers, a financial advisor and the OAND CPA to achieve the correct financial decisions. A large number of financial transactions transfer through the Executive Director's office. I believe by implementing an overall summarization of the finances it provides the OAND Board, membership and me financial transparency of the organization. My vision for the remainder of my term is to work with the finance committee to allocate funds for future projects that align with the President's Plan of Work and the Strategic Five Year Plan before the finance committee sets the budget in the spring. I enjoy working on the board and ensuring the OAND organization continues its stable financial strength.

As a former staff accountant and finance supervisor in the food industry, I developed my love for numbers along with detective skills for reviewing financial accounts. Volunteer opportunities have included auditing, revamping and suggesting changes for several non-profit organizations as their Treasurer. I believe my professional and volunteer experience helps with the OAND position.

Thank you for reading. Please consider me when you cast your vote during the OAND voting!

### Something personal about yourself that you would like to share.

My hobbies include hiking, cooking and studying the Italian language (sto imparando l'italiano).

My nickname is "Sparky" and yes there is a story behind it. One evening after work, I ventured out into the parking lot with another co-worker. It started to drizzle lightly so I opened my umbrella. All of a sudden sparks were radiating from my thumb. My co-worker turned to me and said, "I believe you were struck by lightning!" The lightning traveled down the top of my umbrella to the bottom of my thumb. I was fortunate to not have incurred any burns, organ damage, cardiac arrest or death. After other co-workers got news of this occurrence they nicknamed me "Sparky" and to this day my husband calls me that when it begins to thunderstorm!

The odds of being hit by lightning in the U.S. are 1 in 700,000 during any one year or 1 in 3,000 odds during a person's lifetime. Lightning strikes in my family happened to my father, mother and cousin too - maybe not that unusual but I feel very fortunate!

# Treasurer

**(Elizabeth) Jane Graffin, MHE, RD, LD, CDE**

## **Present employment**

- Clinical Nutrition Manager/Diabetes Education Program Coordinator, Wood County Hospital, Bowling Green, Ohio

## **District Activities – Northwest Ohio Dietetics Association**

- President, Northwest Ohio Dietetic Association (multiple years), Nominating Committee Chair, Laura Heston Scholarship Committee Chair, Conference Committee Member for ODA Annual meeting in Toledo (1992), TDA Newsletter Editor, Public Relations Committee Chair

## **State Activities – Ohio Academy of Nutrition and Dietetics Activities**

- OAND Board member 2003- 2004, 2010-2019

## **National Activities/Academy of Nutrition and Dietetics**

- Member of the Diabetes Care and Education, Pediatric and Clinical Nutrition Practice Groups.

## **Other Activities/awards/professional involvement**

- Awards: Outstanding Alumni Award (Dietetics) Bowling Green State University, November 2017
- Member Merit Award, Ohio Dietetic Association, 2004
- KUDOS Award (Keys to understanding Diabetes and Offering Solutions), Awarded by the Diabetes Care and Education Practice Group, October 1998

## **Education**

- Accomplished Graduate of the College of Health and Human Services, Bowling Green State University, May 1991.
- Masters Degree, Food and Nutrition, Bowling Green State University Graduate College with six month qualifying experience 1986-1988
- Bachelor of Science in Dietetics, Bowling Green State University 1984-1986
- Certified Diabetes Educator, 1989 to present
- Previously Board Certified in Pediatric Nutrition from 1994-2005(no longer working enough hours in Pediatrics to maintain certification)

**Why should OAND members vote for you. Not only include your past but also include what you can bring to the position.**

It is an exciting time to be a dietitian. There are many opportunities to work in various areas that promote the health of Ohioans. As dietitians, we face challenges in this state, establishing the independent Board of Dietetics again and implementing supportive laws for dietitians to write orders for diets, enteral nutrition and parental nutrition to name a couple. OAND plays an active role in supporting dietitians/dietitian interests in this state. As your treasurer, I will monitor OAND resources to make sure that OAND continues to use resources responsibly to insure

OAND's viability for years to come. My experience as a manager will be valuable as I face challenges as to how to best use our budget to the benefit of the hospital, staff and clients alike. I also bring experience from serving on OAND Board and various roles for the Northwest Ohio Dietetic Association and the Toledo Area Chapter of the American Association of Diabetes Educators (AADE) (local chapters closed by AADE). In addition, I have served on church council, 4H and Girl Scout Councils.

**Something personal about yourself that you would like to share.**

One of my favorite hobbies has caused me to no longer have recognizable finger prints. This was not a big issue until electronic medical records came along or the need to be fingerprinted to stay on an Air Force base. However, these negative experiences have not stopped me from doing what I enjoy. From May to November, you can find me in my kitchen canning (or freezing) something we have grown or gotten locally from a nearby farm. Favorite things to can include low-sugar jams: strawberry, raspberry, peach, blueberry and Concord grape. I also can green beans, wax beans, applesauce and the family and friend's favorite: salsa. These make wonderful gifts. You cannot match the taste of fresh, fresh canned or fresh frozen. I also find that working in the garden and harvesting the produce is a great way to relax and come up with ideas.

# CPI Elect

## Rosa K Hand, PhD, RDN, LD, FAND

### Present employment

- Assistant Professor & Director, Combined Dietetic Internship/Master's Degree Program; Case Western Reserve University Department of Nutrition

### District Activities – Greater Cleveland Academy of Nutrition and Dietetics

- Committee on Professional Issues. Currently chair-elect, will be chair June 2019-May 2020
- Awards and Recognition Committee.

### National Activities / Academy of Nutrition and Dietetics

- Chair of Evidence-Based Practice/Evidence-Informed Practice Criteria Development Taskforce
- Member of Malnutrition Clinical Characteristics Validation Study Advisory Group
- Employed as Director of Dietetics Practice Based Research Network at the Academy of Nutrition and Dietetics for 5 years.

### Other Activities/awards/professional involvement

- Editorial Board, Journal of Renal Nutrition
- Extensive publication history including articles published in Journal of Renal Nutrition, Journal of Nutrition Education and Behavior, and Journal of the Academy of Nutrition and Dietetics
- Extensive speaking history including at FNCE, National Kidney Foundation Spring Clinical Meetings, NDEP Regional Meeting
- Active as a mentor/preceptor/educator of dietetic interns
- Ohio Recognized Young Dietitian of the Year, 2015

### Education

- Case Western Reserve University
  - Bachelor of Science, Nutrition, *summa cum laude*, May 2011
  - Master of Science, Nutrition, January 2013
  - Doctor of Philosophy, Clinical Translational Science, August 2018
- University Hospitals Cleveland Medical Center
  - Dietetic Internship, August 2012

### Why should OAND members vote for you. Not only include your past but also include what you can bring to the position.

A great conference should be inspiring, informative, and encourage cultivating connections with colleagues new and old. These attributes are important even in a digital age when so much information and so many CPEs are available without leaving the comfort of our own homes or offices. In my career as a student, researcher, and educator I have had the chance to both attend and speak at a variety of conferences, giving me ideas about what makes a great conference that I can apply to the OAND Annual Conference. I will also bring ideas and experiences from my role as COPI chair-elect in one of our larger districts (Cleveland), about what makes a great meeting from both attendees and speakers alike. I'm proud of innovations we have made in Cleveland including creating meetings with both networking and continuing professional education, and using meetings to keep members updated on board activities. If elected, I would tap into my students to learn what our next generation of professionals want from a conference. I would listen to fellow members to learn what our current professionals want from a conference, and leverage my network in Ohio and beyond to help create a conference that is inspiring, informative, and promotes professional connections.

# CPI Elect

## **Francoise Knox Kazimierczuk PhD, RDN, CSSD, LD, ATC, CSCS, NSCA-CPT, FAND**

### **Present employment**

- Assistant Professor, University of Cincinnati

### **District Activities – Greater Cincinnati Dietetic Association**

- Diversity Chair, 2017-2018
- Scholarship & Awards Chair, 2017-2018
- Professional Development Chair, 2012-2013
- Study Group East Chair, 2010-2013
- Treasurer, 2007-2008
- Diversity Chair, 2007- 2013

### **State Activities – Ohio Academy of Nutrition and Dietetics**

- Diversity Task Force, 2018-present
- Diversity Task Force, 2012-2014

### **National Activities / Academy of Nutrition and Dietetics**

- Accreditation Council for Education in Nutrition and Dietetics Site Reviewer, 2017-2020
- Academy of Nutrition & Dietetics Research Evidence Analyst, 2005-2010

### **Other activities/awards/professional involvement**

- 2017 Selected Scholar, Academic Leadership Development Institute, Kentucky Council on Postsecondary Education, 2017-2018
- 2016 Selected Scholar, Health Equity Leadership Institute (uwheili.com), University of Wisconsin-Madison, School of Medicine and Public Health, Collaborative Center for Health Equity & University of Maryland-College Park, School of Public Health, Maryland Center for Health Equity, June, 2016, Madison, WI
- Indiana Dietetic Scholarship for the Most Outstanding Dietetic Student of the Year, 2005  
Phi Upsilon Omicron National Honor Society, 2004-Present

### **Education**

- Miami University, Oxford, OH August 2008- August 2015, Degree: Ph.D. Educational Leadership, Emphasis: Health Promotion, Dissertation: African American Women and Obesity: Examining the Intersections of Race and Class
- Good Samaritan Hospital, Cincinnati, OH July 2005-July 2006, Non-degree: Dietetic Internship
- Ball State University, Muncie, IN, January 2003- May 2005, Degree: M.S. Dietetics, M.S. Chemistry, Thesis: Elementary School Teacher's Attitudes, Practices, and Curriculum Needs Related to Physical Activity and Nutrition Education
- Illinois State University, Normal, IL, August 1998- May 2000, Degree: M.S. Health, Physical Education & Recreation, Emphasis: Exercise Physiology and Athletic Training
- Concordia University, River Forest, IL, August 1993- December 1997, Degree: B.A. Exercise Science & Fitness Management, Emphasis: Sports Medicine & Athletic Training, B.A. Psychology

**Why should OAND members vote for you. Not only include your past but also include what you can bring to the position.**

We need to ensure that our knowledge is sound and current, and that we need are adept at translating the scientific literature into consumable information to address misrepresentations of the evidence. I believe that the greatest responsibility that I would have if elect to the role of CPI-elect would be to safeguard the fidelity and the validity of the annual conference educational content, as well as work towards content which provides praxis. As a former evidence analyst for AND, a professor with four years of research methods teaching experience, and a thesis advisor I am well versed in evaluating and translating the scientific literature. My experience in this area will enable me to ensure that OAND continues to provide quality programming to meet the continuing education needs of the members. In addition to ensuring quality and praxis, the breadth of the information disseminated at the annual conference is important due to the diverse occupational backgrounds of the OAND members. Additionally, as hospital systems, professional organizations, and governmental healthcare agencies advocate for inter-professional education (IPE) topics, educational opportunities must provide access to such experiences. My interdisciplinary educational and experiential background positions me to address the IPE needs of the membership. My focus as CPI-elect will be to deliver a conference using best practices in educational theory to engage the participants as active learners and to provide the most salient food and nutrition topics based on systematical surveying the OAND membership and thoughtful research.

**Something personal about yourself that you would like to share.**

I am a St. Louis native and lifelong St. Louis Cardinals fan. I left St. Louis to move to Chicago for college and thought that I would always return home, but the universe had different plans for me. I lived in Illinois for approximately ten years and for most of the time I lived in Chicago. I enjoyed my time in Chicago working for the University of Chicago as an athletic trainer and strength coach. During this time, I also work at the University of Chicago Hospital in the student clinic as the Rehabilitation Coordinator. Ultimately, I decided that my passion was food and nutrition, which called for a career change. This career change led me to another state and even further from home. Along the way I met some exceptional mentors and gained valuable community nutrition experience. I also met my husband, who was living in Ohio working at the time. I fell in love with Ohio and decided to make the move to be near my significant other and to complete my internship. Fourteen years later I am still in Ohio and have no plans of picking up stakes again. I enjoy camping, kayaking, biking, and hiking and Ohio is a true outdoors person paradise. Additionally, I love being in my garden and having dinner parties so I can try out new recipes.

# Delegate - Elect

## Heather McCormick, MS, RDN, LD, CDE

### Present employment

- Clinical Dietitian, Mount Carmel Health System

### District Activities - Columbus Dietetic Association

- CPI Chair
- Awards and Scholarships Committee
- Awards and Scholarships Chair
- President

### State Activities – Ohio Academy of Nutrition and Dietetics

- CPI Chair
- President

### Other Activities/awards/professional involvement

- Academy's Leadership Institute
- Young Dietitian of the Year
- BGSU Outstanding Alumni, Food and Nutrition Program

### Education

- Illinois State University, BS
- Bowling Green State University, MS (emphasis in counseling)
- Bowling Green State University, Dietetic Internship

### Why should OAND members vote for you. Not only include your past but also include what you can bring to the position.

Serving our profession has always been a great opportunity and a priority for me. If we don't act, we aren't going to move forward. I have served many leadership positions at the district and state level and have accomplished many goals during these tenures. My most recent experience being president of OAND where we accomplished a lot. To name a few key accomplishments, we developed a new 5-year strategic plan, new vision and mission statements, updated the OAND website, initiated the OAND Supporter Program, developed the Social Media Committee and Diversity Task Force. As your delegate-elect, I will work to inform you about the issues affecting our profession while acting as a voice for you. I believe that listening and following through on issues that are important to you are necessary in helping move our profession forward.

### Something personal about yourself that you would like to share.

I am a wife, a mother, a lover of plants, and a wannabe wine enthusiast. I enjoy reading and watching great shows. I particularly love when an author has created a new world with maps, languages, and species. My favorites are Game of Thrones, Lord of the Rings, Harry Potter, and Star Wars. I've already poisoned my 6-year old with the later where I think we've read every possible Star Wars book that the library has to offer, and he can probably now beat me in any Star Wars trivia game because he absorbs everything about the story. I look forward to when he's old enough to enjoy my other favorites.